

ON entering the season of Lent, as Yorkshire Baptists, we want to encourage one another to deepen our spiritual lives in new ways through the weeks before Easter.

We have asked different people to share how they meet Jesus in their daily lives and also to ask their friends the same question.

We'll be exploring different spiritual practices – for example, how people get closer to God through physical exercise, cycling, walking, retreats, silence, prayer, art, creativity or music. And we hope lots of you will join in the conversation to encourage and share with each other the simplicity of meeting Jesus.



## The first reflection is by Leigh Greenwood, Minister-in-Training at Revive Baptist Church, Leeds.

Leigh writes: *“September 2015 was a memorable month for me and my husband, as within the space of two weeks we moved house, I started training for ministry, and we found out that we had a baby on the way. It’s been a challenge having Eddie along for the ride, but training still feels right, and our little boy is definitely right, so we trust that there has to be a way of it all being right together.*

*“Life is busy for many of us, and as Eddie gets bigger and more active, it is busier for our family than it has ever been before. It can be easy for all of that busyness to squeeze Jesus out, but that it is why it is so important that we find ways of encountering him in our everyday lives, rather than trying to keep him to convenient moments in our calendar.*

*“Becoming a mum has given me new ways of meeting with him, often in unexpected places, and new insight into some of the things he taught, even those things I thought I already understood. More than anything, I have come to realise that I see Jesus in people, and it has been a real encouragement for me to reflect on that and bring it into focus.*

*“And so as we enter the season of Lent, I encourage you to become more attentive to the ways in which the people you encounter reveal Christ and bring fresh meaning to his words, and I pray that as you ‘take your everyday, ordinary life — your sleeping, eating, going-to-work, and walking-around life — and place it before God as an offering’ (Romans 12:1, The Message) you will discover what he is offering you in return.”*



Every blessing,

Your YBA Team

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